



MAKOS SWIM TEAM

FALL SESSION 1 2024

FALL 1 session registration:

Starts 8/19 & ongoing for both members and general public.

Join anytime during the session.

*Prorated pricing after the first week.

FALL 1 dates: 9/9/24 to 10/24/24

7 week session (Mondays have 6 weeks)

NO PRACTICE MONDAY 10/14 - Indigenous Peoples' Day



Open to Swimmers ages 6-18

The Y's year-round competitive swim club for all youth. The MAKOS team offers vigorous, high energy work-outs, and technique focused swims instruction with personalized challenging intervals. The team competes in some mock and real meets throughout the year.

The MAKOS are broken into two different work-out groups, Bronze/Silver, and Gold, designed for the advancement of each swimmer. See website for level descriptions and minimum requirements.

Practices Days:

Monday, Tuesday, Wednesday, and Thursday

Practice Times:

Gold (Advanced swimmers) : 3:15-4:45pm (1.5 hours)

Bronze/Silver (beginner/intermediate): 4:45-6:00pm (1.25 hours)

Swimmers can chose to swim 1-4 practice times a week, but at least 2 are strongly encouraged.

Whole season fees:

(\$20 per practice for members and \$25 per practice for the general public)

Mondays—(6 practices): \$120 members \$150 public

Tuesday, Wednesdays, and/or Thursdays -(7 practices each) \$140 Members \$175 General Public

All 4 days a week (27 practices total) \$540 Members, \$675 for General Public

*Financial Assistance is available! Please check website or front desk for information.

**Any questions or to start practices please contact
our Aquatics Director and Swim Coach:
Jen Passafiume - Jenp@ymcamv.org**

YMCA of MARTHA'S VINEYARD
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