



# MAKOS SWIM TEAM

## SPRING 1 2025

### SPRING 1 2025 registration:

Starts 2/17/25 & ongoing for both members and general public. Join anytime during the session.

**Register online: <https://www.ymcamv.org/competitive-swim> (through 1st week of session)**

\*Prorated pricing after the first week.

-Email Jen for registration after week 1.

**Spring 1 session dates: 3/3/25-4/19/25**

7 week session.

### **Open to Swimmers ages 6-18**

The Y's year-round competitive swim club for all youth.

The MAKOS team offers vigorous, high

energy work-outs, and technique focused swim instruction with personalized challenging intervals.

The team competes in some mock and real meets throughout the year.

The MAKOS are broken into two different work-out groups, Bronze/Silver, and Gold, designed for the advancement of each swimmer. See website for level descriptions and minimum requirements.

### **Practices Days:**

**Monday, Tuesday, Wednesday, and Thursday**

**Practice Times: NEW PRACTICE TIMES**

**Gold (Advanced swimmers): 3:30-5:00pm(1.5 hours)**

**Bronze/Silver (beginner/intermediate): 5:00-6:00pm (1 hour)**

Swimmers can chose to swim 1-4 practice times a week, but at least 2 are strongly encouraged.

Whole season fees:

(\$20 per practice for members and \$25 per practice for the general public)

Mondays, Tuesday, Wednesdays, and/or Thursdays -(7 practices each) \$140 Members \$175 General Public

All 4 days a week (28 practices total) \$560 Members, \$700 for General Public

\*Financial Assistance is available! Please check website or front desk for information.

**Any questions or to start practices please contact**

**our Aquatics Director and Swim Coach:**

**Jen Passafiume - [Jenp@ymcamv.org](mailto:Jenp@ymcamv.org)**



**YMCA of MARTHA'S VINEYARD**  
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