



MAKOS SWIM TEAM

WINTER 2025

WINTER 2025 registration:

Starts 12/16/24 & ongoing for both members and general public. Join anytime during the session.

Register online: <https://www.ymcamv.org/competitive-swim> (through 1st week of session)

*Prorated pricing after the first week.

-Email Jen for registration after week 1.

Winter session dates: 1/6/25 to 2/22/25

7 week session (Mondays have 5 weeks)

NO PRACTICE:

1/20/25—MLK Day or 2/17/25—Presidents Day

Open to Swimmers ages 6-18

The Y's year-round competitive swim club for all youth. The MAKOS team offers vigorous, high energy work-outs, and technique focused swim instruction with personalized challenging intervals.

The team competes in some mock and real meets throughout the year.

The MAKOS are broken into two different work-out groups, Bronze/Silver, and Gold, designed for the advancement of each swimmer. See website for level descriptions and minimum requirements.

Practices Days:

Monday, Tuesday, Wednesday, and Thursday

Practice Times:

Gold (Advanced swimmers): 3:15-4:45pm (1.5 hours)

Bronze/Silver (beginner/intermediate): 4:45-6:00pm (1.25 hours)

Swimmers can chose to swim 1-4 practice times a week, but at least 2 are strongly encouraged.

Whole season fees:

(\$20 per practice for members and \$25 per practice for the general public)

Mondays—(5 practices): \$100 members \$125 public

Tuesday, Wednesdays, and/or Thursdays -(7 practices each) \$140 Members \$175 General Public

All 4 days a week (26 practices total) \$520 Members, \$650 for General Public

*Financial Assistance is available! Please check website or front desk for information.

Any questions or to start practices please contact

our Aquatics Director and Swim Coach:

Jen Passafiume - Jenp@ymcamv.org



YMCA of MARTHA'S VINEYARD

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